



Canadian Mental
Health Association
Kelowna

You are not alone.

Kelowna Branch
504 Sutherland Ave.
Kelowna, BC
V1Y 5X1

phone 250-861-3644
fax 250-763-4827
volunteer.kelowna@cmha.bc.ca

The Payton & Dillon Budd Memorial Ride

VOLUNTEER APPLICATION FORM

Event Date: June 23rd, 2019

Time: Varies dependant on position

Date: _____

Ride Don't Hide and Stride Don't Hide brings together cyclists and walkers of all levels to enjoy a ride in Kelowna and raise money to support mental health services in our community. Thank you for your interest in volunteering for this fantastic and fun event. Please return your completed application to

volunteer.kelowna@cmha.bc.ca

PERSONAL INFORMATION

Name: _____
First Last

Address: _____

Postal Code: _____ **Phone:** (_____) _____ - _____

E-mail: _____

Shirt Size (Circle): XS S M L XL XXL

POSITION APPLYING FOR:

- Sign Team- Put up signs along the route prior to the ride. Early start!
- Route Marshal- Offer support to riders along the route. Need reliable transportation.
- Runner- Do whatever needs to be done! Need reliable transportation.
- Photographer- Take photos of riders and event. Need good digital camera.
- Set Up and Clean Up- Unload and reload vehicles set up and tear down tents, chairs and tables.

I would like more information on CMHA volunteer opportunities

I would like to receive CMHA monthly newsletters

I would like to donate to CMHA

VOLUNTEER /WORK HISTORY

Organization /Employer: _____

Position: _____

Tasks: _____

From _____ To _____

Organization /Employer: _____

Position: _____

Tasks: _____

From _____ To _____

REFERENCES

Personal, work or volunteer references. Please provide the names, addresses and telephone numbers of two (2) people who are not relatives or close friends.

1. Name: _____

Address: _____

Phone Number: (____)____-____ **e-mail:** _____

Relationship: _____

2. Name: _____

Address: _____

Phone Number: (____)____-____ **e-mail:** _____

Relationship: _____